



Rethinking Lyme Disease - You CAN Feel Better!

with Wendy Vigdor-Hess, RDN and Melanie Dorion, NP

A class available for YOU!

Dates: Available anytime via Webinar Series and/OR we will come offer it to you in your area

To Register or to inquire about offering this in your area: Go to: www.vigdorhess.com or call Wendy at 434-996-6768

Whether you or someone you love has Lyme disease, this class offers tangible information to help along the way. Wendy Vigdor-Hess, RDN, CECP and Melanie Dorion, NP are offering this class series both as professionals working with people affected by Lyme and as having experienced and recovered from Lyme Disease themselves. This is a practical, well informed and thorough overview of this “tricky bugger!” Learn more about tests and treatment options, discover helpful insights of how having Lyme can shift your life in positive ways. We will offer “how to’s” broken down into steps to take as appropriate for you. Get back to your healthy active self!!



Melanie Dorion, AGNP

Melanie is a Nurse Practitioner at Downtown Family Health Care and offers an integrative and Functional approach. Melanie studied Naturopathic Medicine at Bastyr University before completing her Nurse Practitioner degree at Seattle University. She is a member of the Obesity Medicine Association, Institute for Functional Medicine and has received advanced training in obesity management, nutrition, exercise science, methylation genetics and herbal medicine.



Wendy Vigdor-Hess, RDN

Wendy is a Registered Dietitian Nutritionist, Certified Health and Wellness Coach, energy worker, author and speaker. She is the author of the book “Sweetness Without Sugar,” and co-creator of the e-course Transforming Your Relationship with Food: Sugar Series. Drawing on her extensive integrative spiritual healing training, she helps individuals, groups, corporations and families build an everyday ritual for re-establishing and strengthening connection to the greater whole that binds us all.

