

# EnergyWorks-Reiki 1

***An Introduction to Energy Medicine  
for Children & Families***



***Saturdays: April 25, May 16, or June 13 10:00 AM - 4:00 PM***

***\$175 per child & parent***

***ask about options for including more than 1 child and/or parent***

*j 'YUfb 'VUg]W' 'gUZY'k Umg'hc'i gY'YbYf[ mih'fci [ \ 'WUZhgž' [ fci d'dfc'YVhgž'  
a cj Ya Ybh/ 'a i g]W  
j 'FYW]j Y'h'Y''Yj Y''%UHi bYa Ybh'h'Uh'dfYdUfYg'mci f'grghYa 'hc'dfcW'gg'  
YbYf[ mia cfY'V'bgV]ci g'm  
j 'YUfb '\ck 'hc'i gY'FY\_] 'hc'YbYf[ ]nY'ZccX/ 'Xf]b\_ž'\Y'd'  
g]W\_ 'd'Ubhg/ 'Ub]a U'g  
j 'Yb'cmU'gi ddcfh]j Y'UbX'cdYb'Zcfi a 'Zcf'mci / 'mci f'VX]X'hc'g\UfY'mci f'  
YI dYf]YbW'g/ 'Ug\_ 'ei Ygh]cbg'UVci h'\ck 'YbYf[ mk cf\_g*

*GYdUfUHY 'WUggYg! 'XYdYbX]b[ 'cb'fY[ ]ghfUh]cbg'! 'Zcf.  
]bZUbhg!' 'mYUfg; '( ! + 'mYUfg; ; , !%&'mYUfg; 'hYYbg*

## **Instructors:**

**wendy vigdor-hess, rmt, rd, wellcoach & helene v ramos, rmt, cht**

**classes will be held in a lovely country setting off taylor creek road just 30 minutes  
from charlottesville**

**registration & questions: Helene 434.466.8951 or  
Wendy 434.996.6768**